

## Sandra Strohschein Workshop Materials List (Updated 7/2019)

### Studio Workshop

Paper, 100% Cotton Rag, 140# CP. I use Fabriano but any pro grade paper is fine. (Arches, Saunders Waterford, etc).....you will know if it is pro grade if it is 100% cotton rag. I will be painting on 12 x 18 format but you are welcome to paint in any size under 15 x 22.

Failed works to use the back of for practicing techniques with new brushes and pigment awareness and confidence before painting your actual painting.

Brushes. My brush usage is very simple. I pretty much use three brushes in every painting....but these five are invaluable to me in my painting process.

#10 Round Sable. Fully stocked.

#10 Squirrel Mop (I have these available for purchase.) (\$45.00). Limited inventory

#8 Posara Rigger (I have these available for purchase.) (\$32.00) (Or you can use your own rigger....but once students see mine they always want to purchase).....Limited inventory. Size 12 fully stocked.

1/2" Synthetic Angled Shader

1/2" Synthetic Flat

Board or table easel to secure your painting to. (I work on the angle. If you have never done this simply putting your board against a roll of paper towel will give you some elevation)

Masking tape. Neutral, no colors.

Spray bottle

Kneaded Eraser/ Sketchbook #2B Pencil

Paper Towel (I use Viva) Water container

Pigments. I use Holbein. I cannot emphasize enough the importance of using pro grade pigments. Student grade paint including Cotman, which is made by Windsor Newton is not helpful to your process. It actually takes you backwards. Please use Holbein, Graham, Rembrandt, Windsor Newton, Daniel Smith...make sure it is professional grade paint.

Cerulean

Ultramarine Blue Deep

Cobalt

Olive Green

Yellow Ochre. (Or Raw Sienna). Your choice. Burnt Sienna

Burnt Umber

Carmine

Brilliant Orange

Aureolin

New Gamboge

Titanium White

These three may be used but are not required.... Cobalt Turquoise

Pyrrrole Red

Viridian

(These are what I have in my palette and will be used at the workshop.

new pigments. You are free to use what you have and are comfortable with. I just really emphasize that they be professional grade pigments.

However, please do not go buy a bunch of

Plein air workshops as follows...

Chair, (If you plan on sitting down) Easel, (Some students prefer to paint with a board on their lap) Water for painting and for drinking, water container, Hat, Sunscreen, Bug Spray, Jacket.

Chair,

Sunscreen

Hat

Bug repellent

Water for painting/with water container

Jacket

My easel is an Eric Michaels En Plein Air Pro Traveler. invaluable to me. Not a requirement but a definite advantage.

Italian Workshop Events,

The Watermill in Italy has easels, chairs and umbrellas (for rain) not painting umbrellas. We have used plastic water bottles for working in the field however this year they have eliminated plastic water bottles so you will want to have something to put water in. I have a collapsable container. I prefer to carry my own easel kit but if you want to use The Watermill's there are plenty.

It retails for around \$169.00 and is